# **Exploration of global community-based medical education curricula: a scoping review**

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## Abstract

**Background:** Community-Based Medical Education (CBME) offers learning and training for medical students in the community setting. This scoping review aimed to describe the characteristics of the CBME curriculum delivered to medical undergraduates globally and to summarize the reported outcomes and impacts. Material and methods: A scoping review was carried out to address the study objectives, using the five-step methodological framework of H. Arksey and L. O'Malley. Published articles on CBME were retrieved using a systematically prebuilt search strategy applying Boolean operators. These search parameters were: no time limit; articles published other than on the medical profession; review articles; and non-English language articles which were excluded. PRISMA-ScR checklist was followed for reporting. Results: Of the 36 articles selected for scoping review, 17 (47.2%) were published between 2010 and 2020; 13 (36.1%) were

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## Introduction

The World Health Organization (WHO) strongly recommends that countries work to enhance their primary healthcare services to achieve global health equity. Despite this recommendation, many countries still face challenges in maintaining the availability and quality of such services, resulting in underserved populations.<sup>1</sup> A Community-Based Medical Education (CBME) program is an instructional program carried out in the community context, outside the academic hospital.<sup>2</sup> There is no standard definition of the concept of CBE for Health Professions Education, however, various authorities have provided working definitions.

from the South-East Asian region; and 18 (50%) were descriptive. Cognitive component on health issues was commonly taught (55.6%), 44.4% had CBME in multiple semesters, taught by the Community Medicine faculty, and each had a family survey as a teaching method. Taught in a rural setting among 83.4% of studies, 27.8% had CBME exposure throughout the course, and 47.2% were posted at primary health care. The most common formative and summative assessments were reflections/feedback, and presentations (19.4% each). Conclusions: The components of CBME curricula vary widely across the globe, shaped by the specific contexts of the universities and countries in which they are implemented. Recognizing and understanding these diverse approaches is essential for designing CBME curricula that are holistic, context-specific, and effectively tailored to meet local needs.

**Key words:** scoping review; Medical students; curriculum; Community-based Medical education.

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CBME is pivotal in preparing medical graduates to effectively reach and assist underserved communities. Medical colleges recognize their crucial role in training physicians to better reach and serve these locations. Consequently, many have developed medical curricula focused on CBME.<sup>3-6</sup> It relies on the depth of engagement of medical students, teachers, and community members. It helps students appreciate the social determinants of health and engages them with the community. It benefits the communities through increased awareness of health behaviors and disease prevention. CBME is the key to ensuring social accountability, reducing rural-urban disparity, and providing universal health coverage to all its citizens.<sup>7,8</sup>

Implementation of various CBME programs by different community-based health professions institutions is quite diverse. Although they share general goals and experiences, each school has a unique approach to CBME. Exploring various models of CBME at global and national levels could offer directions to regulators and schools to refine the program incrementally. Hence scoping review methodology was employed to analyze and summarize the CBME curricula reported across countries. It aims to describe the characteristics of the CBME curriculum delivered to medical undergraduates, identify the challenges and barriers, and summarize various reported study outcomes. The results of our review may help curriculum developers adopt a model that suits their context and available resources to effectively achieve its purpose.

#### MATERIAL AND METHODS Study design

The scoping review methodology which is considered a precursor to systematic review was chosen to meet the review objectives.<sup>9,10</sup> It helped to map the previously published literature on CBME to obtain an overview of the diverse CBME curriculum practiced globally. The Preferred Reporting Items for Systematic Reviews and Metaextension Analyses for Scoping Reviews (PRISMA-ScR) checklist was followed to ensure reporting practices.<sup>11</sup> The best five-step methodological framework of H. Arksey and L. O'Malley was also followed.<sup>10</sup>

## Step 1: Identifying the research questions

At the outset of our scoping review, we defined two major terms that are the core of the review objectives, namely CBME and curriculum. After reviewing the published literature and brainstorming between the authors, the research objectives were formulated using a deductive approach.

Medical education that happens in the context of community (CBE) can be classified primarily into three major programs. They are, the programs that are (i) service-oriented; (ii) research-oriented; and (iii) training-focused.<sup>2</sup> Service-oriented programs focus on service delivery through their students and staff. Community-based medical education (CBME) is an example of the services-oriented category where the services may range from promotive, preventive, and curative services in primary care units or the community, with limited engagement and empowerment of the community. Almost all programs in this category can be found in developing countries. When the services are primarily aimed at broader community development through active community engagement and mobilization, they are called community-engaged medical education (CEME), however, this is common in developed countries. In this type, the community is actively involved in the design, conduct, and/or evaluation to meet the needs of the community.<sup>12</sup>

In the research-oriented category students and staff are mainly involved in studying the problems of community health either in the community setting or hospital setting. In Community-Oriented Medical Education (COME), the curriculum has relevance to community health needs, however, the learning activities in the community setting are limited. This is an example of the third category of CBE that is training-focused and can be found in both developing and developed countries.<sup>2</sup>

Curriculum: As there are many definitions for the term "curriculum" in medical education, in this review the definition proposed by Harden was adopted.<sup>13</sup> Thus we included contents of learning, teaching-learning methods, details of learner and educator, assessment methods, learning outcomes, and educational environment as components of the CBME curriculum.

## Step 2: Data sources and search strategy

The PubMed search engine, Google Scholar, and other databases were used to access the relevant published literature related to CBE. The advanced search option was used to build the search strategy. The search strategy consisted of three categories of CBEs, namely service-oriented, training-focused, and research-oriented. COME, CBME, and CEME are common examples of CBE and hence were used as keywords to build the search strategy. The entry terms and MeSH terms related to these sub-themes were combined using the Boolean operator (OR) appropriately to build the final search strategy. The detailed search strategy is provided in **Appendix 1**.

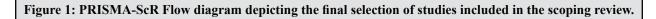
## **Step 3: Study selection**

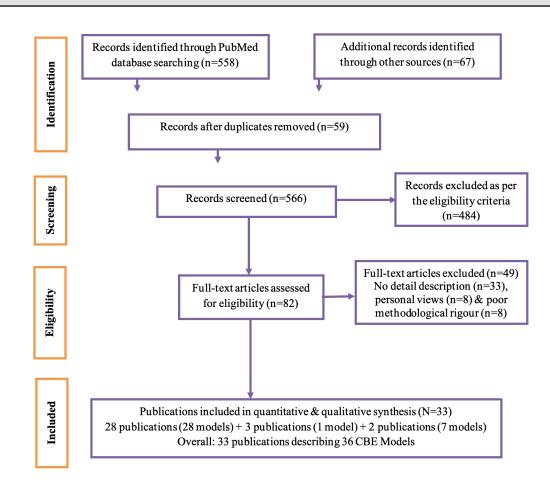
Previously published studies on CBME with any type of study design, from both developing and developed countries, without any date filter, and relevant grey literature available on the internet were included. Articles written only in English were selected. Those studies related to dentistry, nursing, and other allied fields were not included. Letters to the editor and commentaries were excluded. As the work was done as a part of the Post-Graduate Diploma in Health Professions Education (PGDHPE) program, Institutional Ethics Committee approval was obtained (IEC/52/2020).

#### Step 4: Screening and charting

From various databases mentioned and using the stated search strategy, 558 studies from the PubMed database and 67 from other databases were retrieved. After going through all these studies 59 duplicates were removed out of 625 total articles. At the initial stage the investigators VV and AD worked independently to screen the title and abstract of all articles retrieved by search engines using the prebuilt advanced search strategy. Those articles not meeting the eligibility criteria were excluded (n=484). The articles thus selected in the preliminary scrutiny were subjected to a second round of appraisal jointly by both authors VV and

AD where full-text screening was done. The quality of reporting as per the study design was assessed using the major criteria listed in Appendix 2. The consensus arrived after a discussion between the authors. This helped us to focus on methodological strengths and weaknesses. Reasons for exclusion were, the study not describing the proposed model in detail (n=33), poor methodological rigor (n=8). and personal views (n=8). Finally, 33 publications were agreed upon for data charting. It includes two grey literature (Priority Health Problems in Medical Education, a report by the Network of Community-Oriented Educational Institutions for Health Sciences Task Force II,<sup>14</sup> and a book titled, Community Based Education in Health Professions: Global Perspectives Regional Office for the Eastern *Mediterranean*)<sup>15</sup> describing seven CBE programs. Of the 33 publications, three described a single model from an institute, and all three were counted under a single CBE model.<sup>16-18</sup> Overall a total of 36 models of CBE were included. The details of the





selection process of included articles are shown in **Figure 1**.

The data charts were entered into a 'data charting form' using the database program Excel. Information about the year of publication, location of study (country), study design, research objectives, study participants (students and trainers), details of training (setting, learning contents, teaching-learning methods, duration of exposure, assessment methods), reported outcomes, and challenges were charted.

#### Step 5: Collating, summarizing, and reporting

Having charted the data from finally eligible articles, attention was given to basic numerical analysis of the geographical location, study design, and year of publication in frequency and percentage. The data extracted using the predesigned proforma were entered in MS Office Excel for simple descriptive analysis. The investigators randomly checked the information retrieved to avoid technical and systematic errors in data extraction and data entry. The included articles were analyzed using a textual narrative synthesis.

#### RESULTS

#### **General characteristics**

Of the 36 studies included in the scoping review, 17 (47.2%) were published between 2010 and 2020, and 25% of them were published between 1979 and 1999. There were 13 studies (36.1%) that originated in Southeast Asia<sup>3-5,14,16,19-24</sup> and eight (22.2%) from the Western Pacific region.<sup>24-31</sup> There were three (8.3%) studies included from the American region.<sup>15,32,33</sup> and Eastern Mediterranean each.<sup>15,34</sup> The descriptive study design was the most commonly reported (75%) with 27 studies included.<sup>3,5,14,16,19,23,25,26,32,33,35</sup> Qualitative designs were seven (25%) in number<sup>16,20,28,31,36,37</sup> and mixed methods design was adopted by four authors.<sup>4,29,30,38</sup>

Table 1: Details of the year, country of publication and study designs adopted of the included studies (N=36).

Parameters extracted	N (%)
Year of publication	
1979 – 1999	9 (25)
2000 - 2009	10 (27.8)
2010-2020	17 (47.2)
Region	
African	5 (13.8)
American	3 (8.3)
European	4 (11.1)
South-East Asian	13 (36.1)
Eastern Mediterranean	3 (8.3)
Western Pacific	8 (22.2)
Study design	
Cross-sectional	4 (11.1)
Descriptive	18 (50)
Experimental	3 (8.3)
Qualitative	7 (19.4)
Mixed methods design	4 (11.1)
Cook's classification of medical education	
research Description	27 (75)
Justification	9 (25)

Only three studies (10.7%) were experimental **(Table 1).**<sup>21,27,39</sup>

#### **CBME curriculum**

The curriculum details are organized under the following headings: (i) Learning Objectives; (ii)

Duration and Trainer; (iii) Learning Environment and Teaching-Learning Methods; and (iv) Assessment.

*Learning Objectives:* The CBME content delivered to learners included all domains of learning, namely cognition, attitude, and skills. Among the cognitive

Table 2: Details of undergraduate CBME curriculum for included studies of review (N=36).

Parameters extracted	n (%)	Parameters extracted	n (%)
(i) Knowledge building		Rural	30 (83.4)
Common health issues	20 (55.6)	Urban	3 (8.3)
Health promotion and prevention	12 (33.3)	Not mentioned	3 (8.3)
Clinical reasoning	13 (36.1)	Site of learning*	
Administration and management	6 (16.7)	Community Hospital	12 (33.3)
(ii) Attitude		Primary Health Centers	17 (47.2)
Professionalism	8 (22.2)	General practitioner clinics	8 (22.2)
Teamwork	10 (27.8)	Family visit	15 (41.6)
Leadership	6 (16.6)	Village stay	6 (16.6)
Social accountability	5 (13.9)	Homestay	1 (2.8)
(iii) Skills		Teaching-learning methods*	
Socio-cultural health determinants	20 (55.5)	Lecture	14 (38.9)
Environmental determinants	17 (47.2)	Group discussions	16 (44.4)
Patient care (clinical skills)	17 (47.2)	Bedside discussions	15 (41.7)
Research	7 (19.4)	Hands-on clinical skills training	13 (36.1)
Learners		Anthropometric measurements	8 (22.2)
I / II year	2 (5.5)	Living with family	3 (8.3)
III / IV year	10 (27.8)	Participatory rural appraisal	4 (11.1)
Students of multiple semesters	16 (44.4)	Field survey with family	16 (44.4)
Internship	2 (5.5)	Assessment methods*	
Not mentioned	6 (16.7)	(i) Formative assessment	
Trainers*		Written assignments	5 (13.9)
Community Medicine Faculty	16 (44.4)	Reflections and feedback	7 (19.4)
Clinical department Faculty	17 (47.2)	Teamwork	2 (5.5)
General Practitioner	13 (36.1)	Rapport with the community	3 (8.3)
Allied specialty faculty	9 (25)	(ii) Summative assessments	
Others	4 (11.1)	Written test	9 (25)
		Clinical examination	3 (8.3)
Duration of exposure		Presentations	7 (19.4)
$\leq$ 7 days	3 (8.3)	Record review	3 (8.3)
2 to 3 weeks	5 (13.9)	Logbook/Portfolio	3 (8.3)
1 to 6 months	9 (25)	Attendance	1 (2.8)
1 to 2 years	7 (19.4)	Workplace-based Assessment	1 (2.8)
All years longitudinal	10 (27.8)	Standardized patients	1 (2.8)
Not mentioned	2 (5.5)	Not mentioned	23 (63.8)

Note: \*Multiple responses type.

components taught, 55.6% belonged to generating awareness of commonly prevailing health problems in the community and 36.1% to clinical reasoning. Among the attitude-related content, 27.8% were on teamwork, and six studies (16.6%) mentioned leadership and social accountability. The major domain psychomotor of learning was the assessment of socio-cultural determinants (55.5%) and training on clinical skills (47.2%). Seven (19.4%) mentioned teaching research skills (Table **2).**<sup>3,5,14,15</sup> through CBME

Duration and trainer: Medical undergraduates of all semesters were taught CBME. Among them, 44.4% were taught throughout the course at multiple semesters, and 27.8% were taught during the III or IV years of the course. Two studies (7.1 %)reported that the target learners were medical interns.<sup>16,34</sup> A medical school in Nigeria described that in their Community-Based Education and Service, (COBES) program, exposure to CBE started from the very first week of their course and it extended in blocks throughout their course.40 Medical college faculties were the major trainers of students on CBME. Among them, 47.2% were taught by clinical specialty faculty and 44.4% by Community and Family Medicine department faculty. Allied specialty faculty were part of CBE in 25% of the studies and a study from South Africa reported that they involved interprofessional teams to teach CBE.<sup>15</sup> Most (83.4%) of the CBME was delivered in rural settings. Students were exposed longitudinally from the first to the last year of the course in 27.8% of the studies included (Table 2).

*Learning Environment and Teaching-Learning Methods:* Students were posted in a variety of community-based settings for learning. Among them, the Primary Health Centre (47.2%) was the majority site of posting. Family visits happened in 41.6% of the studies and general practitioner clinics and community-based hospitals (22.2% each) were the other common sites of exposure. Six (17.9%) studies reported village stay,<sup>3,5,16,20,23,40</sup> and one study had homestay as a means of learning in a community setting.<sup>27</sup>

Of the various teaching-learning methods involved, 16 studies (44.4%) mentioned group discussions and field surveys as methods of training. Bedside discussions happened in 41.7% of them. Hands-on skills training and lectures were used among 36.1% and 38.9% of the included studies. Assessment: The assessment methods involved were not reported by (67.9%) majority of the studies. The most reported formative assessment method was reflections and feedback (19.4%) followed by written assignments (13.9%). The most reported summative assessment was a written test (25%) followed by presentations of the learning experience (19.4%). The other reported methods of assessment were clinical examination (8.3%), record review (8.3%), logbook evaluation (5.5%), and portfolio (2.8%). The CBE curriculum of Brazil has included Workplace-based Assessment using Mini-CEX and Direct Observation of Procedural Skills.<sup>15</sup> (Table 2).

## Challenges/barriers in the implementation

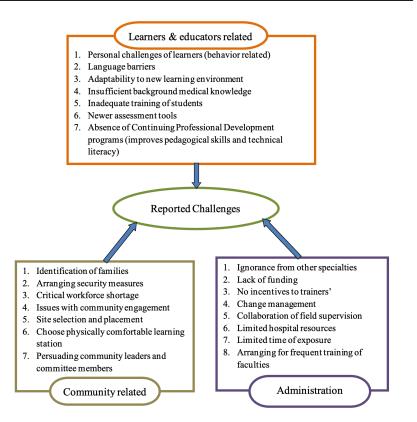
The reported challenges in designing and implementing CBME were organized into three themes, namely student and educator-related, community-related, and administration-related. The common learner-related challenges were poor attitude towards CBE; lack of continuity in care to family by students; difficulty adapting to the new learning environment; and inadequate expected knowledge and skills. The challenges from the educator's side were deficiency in their pedagogical skills and technical literacy; difficulty in using newer assessment tools; and insufficient integration of clinical subjects into CBE.

Community-related challenges were reluctance to accept the program; the level of engagement of community; field workforce shortage; the arrangement of security measures; site selection and placement; persuading community leaders; family perception towards the medical school; and language barrier. Administration-related issues were mainly political and financial, including difficulty in obtaining permission from the Municipal and Local Health Council; lack of funding; no incentives to trainers; reputation status of the school; cooperation between the institute and local health system; limited hospital resources; lack of transport facility; inadequate policy and program level changes; and non-availability of scholarship for higher studies in primary care (Figure-2).

## The outcomes (perceptions and impact)

The interviewed stakeholders were mainly students and educators. Two studies explored the perceptions of community members, and one study interviewed administrators. Almost all studies (except one) reported positive attitudes of all stakeholders





towards CBME and enriching learning experiences by students.<sup>21</sup> The manual content analysis of perceptions and outcomes of CBME was performed by the authors and they were grouped under five categories, namely attitude toward learning the subject; various aspects of learning; career influence; learning strategies; and community participation. Positive attitude to work in rural settings was reported in three studies.<sup>22,23,41</sup> The other details are mentioned in **Table 3**.

There were only three studies that evaluated the long-term impact of CBME.<sup>25,31,42</sup> Their results conveyed that there was no improvement in knowledge score between traditional and CBME modes of teaching however there was a positive change in attitude towards learning in a community setting,<sup>25</sup> and the model had cost-neutral to small positive financial benefits.<sup>31</sup> The difference in intensity of training in a community setting had no significant change in the knowledge, attitude, and skills of the learners.<sup>42</sup>

#### DISCUSSION

The current scoping review on the CBME program was based on 36 previously published global

studies. These studies happened in diverse locations and adopted diverse study designs; thus it was more suitable for a scoping review than a systematic one. Nearly 50% of the included studies were published in the last 10 years, 33% took place in Southeast Asia, and 75% were descriptive studies. Almost 80% of the program was in rural settings. Nearly 40% of the models were run in multiple semesters at PHCs and 25% were longitudinal. Almost all studies reported positive attitudes of all stakeholders towards CBME and the enriching learning experiences by students.

In the spectrum of Community-Based Education, the majority were service-oriented CBME category with one truly engaging and empowering the community.<sup>14</sup> Despite being CBME-oriented, the essential curriculum elements, namely teaching, learning activities, and assessment, are not consistent across studies. This review revealed numerous differences in CBME implementation that happened in the Western Pacific region and India. In India, the exposure to CBME tends to be of shorter duration, with limited interprofessional teams and assessment predominantly occurs in a classroom setting.<sup>3-5,16,19</sup>

#### Table 3: Content analysis of stakeholder's reported perception and impact of CBME.

(1) Attitude towards their learning
Students were very pleased (2)
Learning was more meaningful (3)
Improved eagerness to learn (2)
Appreciated the experience well (3)
Felt it was very effective (3)
Better oriented to subject (3)
Acceptability was high
(2) Contents of learning
Learn common rural health issues (4)
Appreciate social factors affecting health (4)
Patients' feelings and concern
Environmental aspects learned better
Influence Learning of General Medicine (1)
Better skills acquisition when trained in a community setting (5)
Able to acquire the desired skills of a rural physician (4)
Enhance team building
(3) Career influence
Eager to work in a rural setting in the future (3)
Interested in learning Family Medicine in the future
(4) Learning strategies
Student and teacher' interaction was better
Promote peer-to-peer mentorship
(5) Community participation
Community involvement was active
Family members felt that it was useful
Community engagement was better
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Note: The number within parenthesis denotes the number of studies contributed to that code

Harden suggested educational strategies in curriculum development, the SPICES model primarily supports CBME.<sup>43</sup> Scaling up community exposure and training for undergraduate students has the potential to improve the health outcomes and learning of students.<sup>44,45</sup> Amidst the existence of varied levels of cognitive ability and motivation of students, and differences in the level of training and interest of teachers in various public and private National medical institutes. the Medical Commission (NMC) aims to have longitudinal, fixed hours and methods of training in the community for the undergraduates. This is now mentioned in the new competency-based curriculum.46

In India, the trainers of CBME were mainly faculties of Community Medicine and it is mainly imparted through their department.<sup>3-5,16,19</sup> Studies done in other regions involved faculties from allied health specialties, namely physiotherapists,

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occupational therapists, speech pathologists, cultural consultants, etc.<sup>20,25,28,42</sup> The involvement of an inter-professional team for CBME has the potential to foster improved relationships between underserved communities, hospitals, and medical universities. It improves communication skills and empathy, thereby has the potential to reduce doctor-patient violence and improve health outcomes.<sup>47</sup>

Our review discovered that most of the studies have not reported their assessment methods. Only a few had formative assessments in the form of feedback from the community.<sup>4,19,26</sup> Most of the reported summative assessments happened in a classroom setting using traditional written methods. Students can rapidly acquire competencies and confidence in primary care when the assessment happens in a community setting.<sup>48</sup> Hence any CBME program needs to adopt a comprehensive approach to student assessment in community settings using multiple methods by multiple assessors and at multiple time points. Peer assessment, supervisory checklist, community feedback, reports from students, reflective narrations, Objective Structured Clinical Examination, etc., all need to be explored.

For assessing the impact of such a program, indicators related to various stakeholders, namely students, institute, community, and country, need to be devised and utilized.<sup>49</sup> Student-level indicators could be changes in their skill, attitudes, communication, and ethical values, apart from the knowledge that needs to be assessed periodically rather than at the immediate end of the program. Community-level indicators could be the level of community engagement, health care utilization, morbidity and mortality indicators, etc. Institutelevel indicators could be the level of students' and parents' satisfaction, enrollment rate, stability of teachers, publications, etc. Country-level indicators could be rural-urban disparity, morbidity and mortality indicators, universal health coverage, etc.

In India, the Re-Orientation of Medical Education (ROME) program initially sought to implement CBE in line with the recommendations from the 48<sup>th</sup> World Health Assembly. However, its application was limited to specific institutions and has largely ceased.<sup>50</sup> The Unnat Bharat Abhiyan program which is currently governed by the Ministry of Education, motivates medical students to engage in the sustainable development of adopted villages.<sup>51</sup> More recently, the National Medical Commission (NMC) rolled out the Family Adoption Program (FAP) curriculum for medical undergraduates, requiring each student to oversee the healthcare of at least five families.<sup>52</sup> This expansion in CBME opportunities in India highlights the need for an effective and holistic curriculum that addresses local community needs. In designing a CBME program, it is crucial to consider various factors including the location, duration, student capacity, availability of learning resources, suitable teaching methods, support for staff and students, communityfocused assessment strategies, and financial implications.

CBE is recognized as a way to achieve educational relevance to community needs and its learning activities require extensive utilization of the community field sites. However, when it comes to implementation, factors at the country, community, regional, institutional, educator, and learner level influence diversity *and* difficulty. Involving the community could streamline the logistical aspects, and community-based barriers of running CBME by actively engaging them in teaching, mobilizing for health education, and other student-related activities.<sup>6,12</sup> For medical education programs to be capable of producing health professionals who are available to improve access to health care, who are competent to improve the health outcomes of the population, and who could avert the current health care challenges of society, the implementation of CBME needed to take place in its true sense demanding strategic and sustainable change in institutional structure, curriculum and faculty, resource allocation and commitment at all levels.

## Strengths and limitations

The chosen study design aligned well with our research inquiries. We implemented а methodological framework and structured reporting in the article selection process using a flow diagram, enhancing the internal validity of our review findings. However, our study did have a few limitations: Firstly, we included a wide range of study designs, methodologies, and populations. This heterogeneity makes it difficult to synthesize findings across studies and may lead to a less coherent overall picture of the research landscape. Secondly, there might have been some studies related to CBME that weren't captured, a common issue in scoping reviews. Nonetheless, we employed a systematic approach to data retrieval to mitigate this. Notably, among the selected studies, there was a strong emphasis on extracting relevant data on CBME.

## Conclusion

Globally, CBME curricula demonstrate a range of components. In Western nations, CBME spans multiple phases of courses, involves interdisciplinary training teams, and incorporates teaching at primary health centers. However, in the Indian context, CBME exposure tends to be brief, primarily conducted by the Community Medicine through family department surveys, with assessments commonly held in a classroom setting. Notably, none of the reviewed studies mentioned community involvement in curriculum design, implementation, or evaluation. Virtually every study noted a favorable outlook among all stakeholders toward CBME, along with students reporting an enhanced learning experience. Recognizing the variations in CBME curricula implemented worldwide enables academicians to create an effective, comprehensive curriculum tailored to the socio-cultural context and the specific needs of the local community.

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Appendix 1: Search Strategy used in PubMed to retrieve relevant articles related to the study objective			
Search Number	Query	Results	
#1	(("community engaged medical education"[Title/Abstract]) OR (community engaged		
	medical school[Title/Abstract])) OR (community engaged medical education program*[Title/Abstract])		
#2	((("community oriented medical education"[Title/Abstract]) OR ("community oriented medical school curriculum"[Title/Abstract])) OR ("community oriented		
	medical school"[Title/Abstract])) OR ("community oriented medical emergency programme"[Title/Abstract])		
#3	(("community based medical education"[Title/Abstract]) OR ("community based medical education curriculum"[Title/Abstract])) OR ("community based medical		
#4	education programme"[Title/Abstract]) #1 OR #2 OR #3	558	

Note: Retrieved on 13th November 2023.

	Appendix 2: Parameters used for quality assessment of included studies.
Study design	Methodological quality parameter
Any study design	Scientific background and explanation of rationale
	State specific objectives, including any prespecified hypotheses
	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection Taken care of bias and confounding
	Limitations mentioned
	Appropriate way of calculating sample size
Quantitative design	The sources and methods of selection of participants
	Scientific rigor in data collection
	Appropriate statistical methods applied
	The generalizability (external validity) of the study results
Qualitative design	The method chosen is relevant to the objectives
	The way of data collection mentioned properly
	Type of sampling adopted that is relevant to the research hypothesis
	Proper method of analysis and interpretation of data
Mixed methods design	The relevant type chosen to address quantitative and qualitative components of the study
	Explained the relevance of integrating both design
	Proper method of analysis and interpretation of data